

# People Who Help Week

People who help us week is all about encouraging conversations with babies, explain to them what they are looking at and encourage reading. It is a very visual week from chiffons to black and white in the police areas. Encourage lots of texture play.



# People Who Help Week

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## equipment for led play

red/yellow pompoms

hand puppets

maraca

## led play

1. rub, rub, rub
2. pompoms - hand out a red or yellow pompom (fire colours and one of the first colours little one's see in focus). Encourage parents to move the pompoms, making big shapes over eyelines (let little ones look away and come back when they are ready. Let the babies listen to the noise of the pompoms. Let little ones feel the end of the pompoms, do not put near faces/mouths.
3. people who help hand puppet- tracking over eyelines, moving back and forth slowly, zooms towards eyes and back away again. Let them feel and touch the puppet. Hand-eye co-ordination for our older babies.
4. maraca - for younger babies we are holding the maraca to one side and encouraging little ones to turn their heads towards the noise, tracking over eye lines and letting them feel and touch. Older babies are encouraged to hold the maraca and help shake it.
5. tummy time

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## break

## exploratory play

Three exploratory play areas, encourage parents to take little ones around in their own time, spending time talking their babies through the props and books available in each area.

police area - black and white checked fabric toys, blue toys, police car balloon

Pop up fire engine ball pool - red toys, white blanket with red/yellow net (flames), fire books

Hospital - white blanket, green net (made into a plus sign), doctors kit, doctor books, music instruments, green toys/links

## calming cuddle

## notes

safety warnings please to ensure that little ones are supervised by their parents at all times and that they keep them in eye sight and arms reach. Some of the equipment used today are props rather than toys so babies should, as usual, be supervised at all times.

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## packing list

Led play

Red/yellow pompoms (25) - alternative needed

Plastic maraca (20)

people who help puppet (20)

Three sensory play areas

Fire engine pop up tent

balls for ball pools

white blanket/red net

red toys

fire books

fire helmet

Police (soft space)

black/white checked fabric

duvet

blue net

blue toys

police books, plush toys

Hospital

white blanket

green net (lade out as plus sign)

hospital bag

green toys - links, starlinks