

# visual development script

We have handed everyone a chiffon scarf, these have all been washed particularly for you so I don't mind them going near faces and mouths if you don't but please keep your little one in eye sight and arms reach at all times.

We are going to do two different activities with our chiffons. Firstly, we are going to make some big shapes with it moving it from side to side, up and down and in circles, give our little ones big visual information to take in. If our little ones look away we let them and then they can come back to us when they are ready. If they find your neighbour a bit more interesting than you that is a good thing! It means that their visual field is increasing in size but please keep going as you never know who is looking at you.

For the second part of our song we are going to play peek a boo, peek a boo is the game that keeps on giving for our visual skills and our motor skills.

The first stage of peek a boo is to pop the chiffon over you little one, make beautiful eye contact, big facial expressions and use your little one's name as you take the scarf off them saying peek a boo. This really helps them focus their eyes after taking in lots of visual information with our first activity.

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Second stage is for our sitters and to put the chiffon over them and encourage hand to eye co-ordination to take the chiffon down. Please be prepared to give your little one some support as they may lean back as they take the chiffon off.

The third stage involves putting the chiffon over you and getting your little one to practice their motor skills, balance and co-ordination as they lean towards you to remove the chiffon, again be prepared to give them any support that they need with it.

And lastly, the fourth stage is when your little one starts to lift and lower the chiffon to you. This is a super cute stage as your little one is inviting you along to play.

Repeat this often, repetition is amazing for brain development, and this simple activity really helps to support your little one's sensory and motor skills development.